The PHM-MI: Inspiring local health systems to improve population health

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#EHMA2024
The big challenges in healthcare
From research theory to practice

The implementation of PHM: What to do (first)?

- Research 1: Literature review → USA, Canada, Germany, the Netherlands
- Research 2: Delphi rounds → panelist from the Netherlands and validation by (mainly) European panel
- Research 3: Putting it in practice → pilot project Australia
- Research 4: Action research in a Dutch change initiative
Where to start depends...

PHM Maturity Index:
6 elements of PHM
101 items

Regional maturity
Priority population

The PHM Maturity Index is positioned to support the strategic prioritization and planning of the transformation journey

- Assesses regional maturity
- Highlighting potential gaps in knowledge and expertise availability
- Stresses strategic opportunities
As international adoption of the tool grows, we will be able to compare local health systems within and between countries.
Personal learnings

- Use of language
- Quality of research methodologies
- Experience abroad

Bibliography PhD:
Which strategy do you choose?

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