Factors Influencing the Experience of Empowerment in Flemish (Proxy) Budget Holders: A Regression Analysis

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Context: Flanders

Retrieved from: https://european-union.europa.eu/principles-countries-history/eu-countries/belgium_nl

Financing of disability care and support (Pattyn et al. 2021, Health Policy)

Demand-side, budget holders

Supply-side, professionals and organizations
Conceptual framework (Pattyn et al. 2023, The Patient)

**Contextual factors**
- Financial climate
- Rules and regulations
- Access to information

**Personal factors**
- Respondent type
- Disability type
- (In)formal care network
- Education and knowledge of the care and wellbeing sector

**Empowerment – PE scale** (Pattyn et al. 2024, Disability and Rehabilitation)
- Meaning
- Competence
- Impact
- Self-determination
Method: survey research

- Recruitment:
  - Convenience sampling
  - Multiple recruitment sources

- Respondents:
  - 224 (proxy) budget holders

- Analysis:
  - Factor analysis
  - Hierarchical linear regression analysis
## Results: associations of all PE scores

<table>
<thead>
<tr>
<th>Financial transparency</th>
<th>Knowledge of the care and wellbeing sector</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative complexity</td>
<td>Cash- and combination users</td>
</tr>
<tr>
<td>Advisory organizations use</td>
<td>Proxy respondents</td>
</tr>
<tr>
<td>Educational level</td>
<td></td>
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<tr>
<td>Private financial resources</td>
<td></td>
</tr>
<tr>
<td>Disability type</td>
<td></td>
</tr>
<tr>
<td>Presence of an (in)formal care network</td>
<td></td>
</tr>
</tbody>
</table>
## Results: differences in associations

<table>
<thead>
<tr>
<th>Score Type</th>
<th>Budget Sufficiency</th>
<th>Information Accessibility</th>
<th>Self-managers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total PE score</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Impact + Self-determination score</td>
<td>Budget sufficiency</td>
<td>Information accessibility</td>
<td>Self-managers</td>
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<td>Meaning + Competence score</td>
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</tbody>
</table>
Conclusion: recommendations

- Provision of easily understandable information
- Clear and transparent communication about the existing types of services
- Allow flexibility in using the budget

- Future research: association between budget height and empowerment
Thank you! Time for Eva Pattyn, Ghent University
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