



Calculating Staffing Needs in the Italian National Health Service

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Dr. Giulia Menin*

Authors: Luigi Magliocca, Daniele della Peruta, Davide Tagliaferri, Giulia Menin, Luigi Apuzzo, Catia Pizzonia, Lorena Martini

*Nurse – Staffing needs, standards and organizational models of HWF Unit
National Agency for Regional Health Services (AGENAS) – Rome – Italy

In Italy...

The last significant HWF planning standard was introduced in 1988 with the model proposed by the Minister Donat Cattin, which contributed to the development of systematic approaches to estimating workforce needs

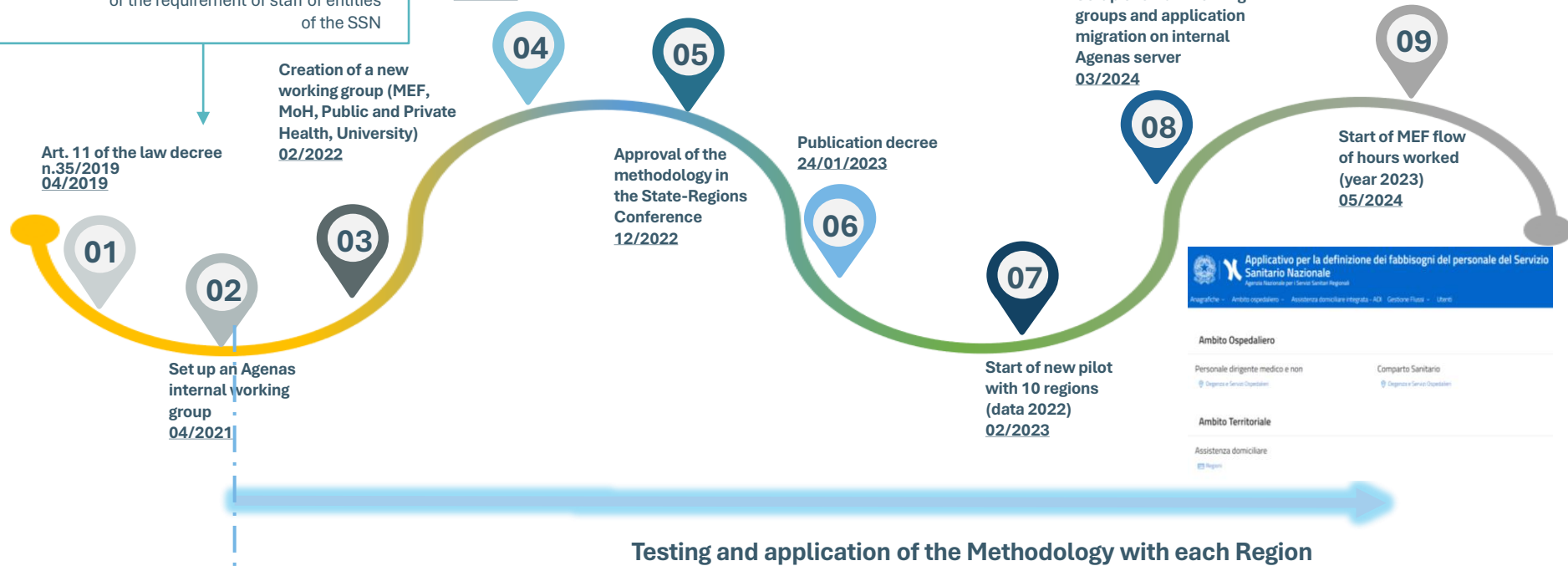
Evolving health needs, an ageing population, resource limitations, and the pandemic have underscored the importance of updating HWF planning

In response, the Italian Ministry of Health (MoH) tasked AGENAS to set up a working group to develop a methodology to calculate staffing needs for the National Health Service (NHS), aiming to standardise the planning criteria for HWF to meet care needs and ensure the delivery of high-quality care.

Article 1, c. 269 lit. c) from the L. 30 December 2021 n. 234

From the year 2022 the 5% increase in the regional healthcare fund is subject to the adoption of a methodology for determination of the requirement of staff of entities of the SSN

Roadmap



Ambito Ospedaliero

Personale dirigente medico e non
[Diagnostica e Servizi Diagnostici](#)

Comparto Sanitario
[Diagnostica e Servizi Diagnostici](#)

Ambito Territoriale

Assistenza domiciliare
[Regioni](#)



HOSPITAL CARE



**TERRITORIAL
HOME CARE**

DATA INPUT: a database was set up to correlate the data in the flows

HSP11-11bis-12
*registry of public hospital
establishments*
HSP13
accredited private hospitals

Table C
*registry of
disciplines/wards unit in
each hospital*

DRG SDO
diagnosis-related group
Hospital Discharge Records
as an activity measure

Outpatient services
art 50 L 326/2003
Hospital Outpatient Care Data
as an activity measure

Regional data
*Worked hours aggregating by
operational unit and
professionals/speciality in
relation to the organization
designed by DM 70/2015*

Number of births

Number of beds in intensive
care unit

Number of operating room
sessions

Role in the EMUR-
emergency network

HWF involved and areas



MEDICAL STAFF

All the specializations



HEALTHCARE PROFESSIONALS

Nurses (including Pediatric Nurses)
Midwives
Biomedical laboratory health technician
Medical radiology health technician
Social and Health Workers

Other Services

Emergency and Urgency Area

Operating Room

Intensive care

Maternal Infant care

In-patient Operating Units

Medical Area

Surgical Area

Critical Area

Post Acute
Area

Mental Health
Area

MEDICAL STAFF: Inpatient Operating Units

Personnel Allocation Analysis

1 Calculation of Department ACTIVITIES

Request of **hours worked by doctors for each discipline**.
Association of the hours to the respective **operating units** present in the SDO flow with the relative DRG weights.

FTE calculation (hospital care hours worked / **1.560** annual hours for doctors).

2 OUTPATIENT ACTIVITY

Calculation of hours dedicated to hospital activity:

reduction of the **hours worked** for discipline applying a percentage attributable to the **outpatient activity** carried out.

Personal Need Analysis

3 Calculation NEED

Calculation of the range of acceptability (**minimum and maximum** values) on the basis of the level of production (DRGs).
Application of the minimum and maximum weights according to the DRG weights produced per discipline.
Realignment of equipment within the range.

4 Check minimums

Comparison between the medical staff allocation defined by the Region and medical staff needs calculated by the methodology.

Re-allocation of FTE for the provision of outpatient services.

The Regions were requested to provide data on hours worked for the assistance of employees (permanent, fixed-term), non-university employees and non-employees with other forms of contract.

Inpatient Operating Units

The healthcare professionals needs are defined on the basis of the regional organization for hospital care (regional hospital care planning documents)



Definition of the **MINIMUM NUMBER OF HEALTH PROFESSIONALS** in order to guarantee the provision of care for each discipline.

For time-dependent hospital care (cardiology, neurology, orthopedics), the minimum number of professionals takes into account also the regional role of the hospital



Additional number for **DIRECTORS** of complex units and **DIVISIONAL GUARDS**.



Additional health professionals needs are defined on the basis of the **LEVEL OF PRODUCTION (DRGs)**.

A range of acceptability has been defined: over the range, the number of professionals could be considered too high, under the range, the number of professionals could be insufficient.

HEALTHCARE PROFESSIONALS

Nurses and Social Health Workers (OSS)

Inpatient Operating Units

Personnel Allocation Analysis

1 Calculation of Department ACTIVITIES

Request **Hours worked** for personnel grouped by macro-assistance area (homogeneous area).

- Association of the hours to the respective operating units present in the HSP flow considering a 90% occupancy rate.

FTE calculation (hospital care hours worked / 1.450 annual hours).

2 Calculation of INPATIENT NEED

Calculation of the **minimum and maximum endowment range**

- Application of the minimum and maximum minutes/patients /day.

Personal Need Analysis

3 Calculation of OUTPATIENT NEED

Calculation, by macro-area, of a percentage for **ambulatory activity**

- Calculation of specific percentages relating the percentage of each discipline to the number of beds in the macro-area.

4 Calculation of TOTAL NEED

Calculation of the total need by adding :

- Inpatient need and outpatient need
- Counting of **1 coordinator** for every 30 beds.

Minutes of daily assistance of the nursing staff for hospitalization activities						
Homogeneous Area	MIN HUB	Median HUB	MAX HUB	MINSpoke	Median spoke	MAX spoke
MEDICAL	205	255	335	175	220	380
SURGICAL	175	190	260	175	190	220
CRITICAL	700		825	700		825
MENTAL HEALTH	240	290	360	255	300	365
POST-ACCUTIA	125	130	200	125	130	155
SUB-INTENSIVE	330		360	330		360

OSS daily assistance minutes for hospitalization activities						
Homogeneous Area	MIN HUB	Median HUB	MAX HUB	MIN Spoke	Median spoke	MAX spoke
MEDICAL	75	90	105	60	65	90
SURGICAL	60	65	85	60	65	70
CRITICAL	90		175	90		175
MENTAL HEALTH	85	95	110	55	70	85
POST-ACCUTIA	85	95	150	70	75	105
SUB-INTENSIVE	80		90	80		90

minutes for nurses and OSS

* For surgical area and critical area, only the hours classified in these two areas have been considered, excluding the hours of disciplines which by DM 70 would fall within these areas but which are sent separately to other activities (BO, Intensive Area and PS).

Maternal Infant Area



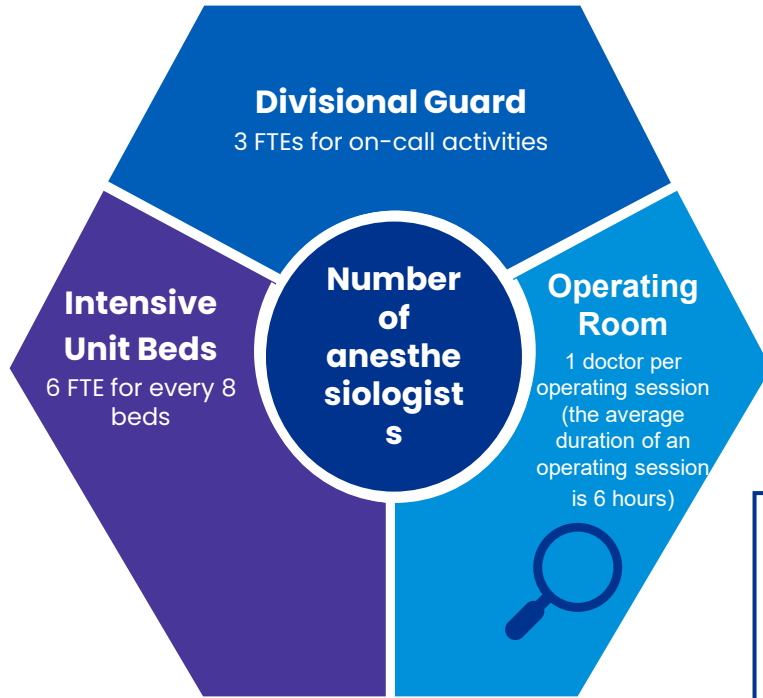
	N. of births		
FTE	500-1.500	1.501-2.000	>2.000
Pediatricians	6-13	13-18	15-30
Gynecologists	6-13	13-18	15-30
Nurses	12-36	18-46	40-80
OSS	6-12	12-18	18-30
Midwives	12-24	24-33	33-60



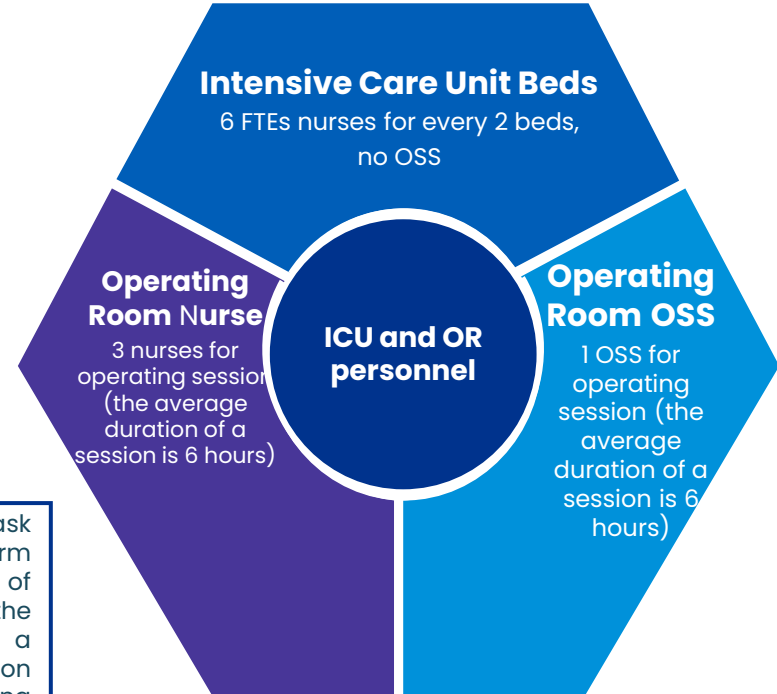
NB: Where the plant, despite having hours, had a number of parts <500, it was assimilated to Class I

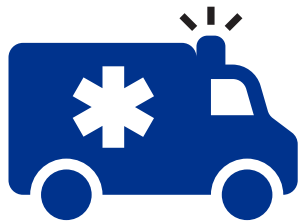
Based on the activity carried out by this professional figure, the methodology calculates the need of **midwives only** for the **Maternal and Infant Area** in relation to the number of births for each hospital.

Intensive Care Area



To check data we ask the Regions to confirm the number of operating rooms, the days of activity in a week and the duration of each operating session





Emergency and Urgency Area

Hospital typology				
FTE	PPI	PS	DEA I	DEA II
Doctors	3-6	6-14	12-24	24-40
Nurses	6-12	12-18	16-48	48-70
OSS	3-5	3-5	6-10	9-12

Other Services



For this services, the methodology calculates the minimum and maximum FTEs by assigning fixed ranges, in relation to the role of the hospital in the emergency network:

- Basic Hospital
- I Level Hospital
- II Level Hospital

Higher level hospitals admit more patients and have more services. Their needs of professionals will be higher.

FTEs for services (doctors and other – biologists, physicists, chemists) **EHMA 2025**

	Type of Service	Basic care Hospital	I level Hospital	II level Hospital
		N. FTEs (H24)	N. FTEs (H.24)	N. FTEs (H.24)
Assisted people		80.000 – 150.000	150.000-300.000	600.000 -1.200.000
Doctor	Radiology	2-7	4-18	16-55
Doctor and other professionals	Laboratory	0-6	4-20	18-38
Doctor and other professionals	Transfusional	0	1-6	3-16
Doctor and other professionals	Pat. Anatomy	0-3	0-8	3-14
Doctor	Forensic Medicine	0	1-2	1-3
Doctor	Health management direction	0	2	2

Nurses

Service	Basic care hospital	I level hospital	II level hospital
	FTEs (H.24)	FTEs (H.24)	FTEs (H.24)
Assisted people	80.000 – 150.000	150.000–300.000	600.000 -1.200.000
Radiology	0-3	3-12	10-40
Laboratory	1-2	2-4	4-9
Transfusional	0	3-4	5-6
Anatomia Pat.	1	1	1-2
Forensic Med.	0	1	1-2

OSS

Service	Basic care hospital	I level hospital	II level hospital
	FTEs (H.24)	FTEs (H.24)	FTEs (H.24)
Assisted people	80.000 – 150.000	150.000–300.000	600.000 -1.200.000
Radiology	1	1-2	2-5
Laboratory	1	1-2	2-3
Transfusional	0	1	1
Anatomia Pat.	1	1	1-2
Forensic Med.	0	1	2-3

The need for other professional figures

Technicians

Service	Basic care hospital	I level hospital	II level hospital
	FTEs (H24)	FTEs (H.24)	FTEs (H.24)
Radiology	4-18	10-36	36-110
Laboratory	6-20	10-50	45-130

The algorithm for determining the need of nurses and physiotherapists for home care was based on following data

Algorithm

Data Sources

Information

Indicator 8 SIAD

Number of accesses made by operators for each CIA level

Indicator 23 SIAD

Number of assisted patients for each CIA level

Population over 65 years

Number of inhabitants over 65 in each region in the year 2026

New characterization of territorial home care and home hospital interventions

Average minutes access for operator related to CIA level

Incidence of CIA levels

Distribution of the ADI population into the 5 CIA levels

Hours worked

HWF

The calculated need is then related to the national standard for each professional figure:

- 0,9 FTE nurses for 1000-over 65 years old inhabitants
- 0,2 FTE physiotherapists for 1000-over 65 years old inhabitants

CIA = Care Complexity Index
SIAD Flow = the information system for monitoring home care activities



KEY MESSAGE

Italy has an efficient methodology as a tool that provides the new staffing standard at the national level to forecast professional needs and support training and organisational planning, reducing the risk of shortages.

With the methodology at both national, regional and hospital level, it is possible to take a precise and accurate photo of the real needs.

Throughout the Country it is possible to define the minimum standard for ensuring quality, equity of services and safety of care.



THANK YOU

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